



*Adult Day Services*

*January 2018*

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
| <p>1</p>  <p><b>Center Closed</b></p>   | <p>2</p> <p>Cream of Wheat<br/>Diced Peaches</p> <p>Chicken Patty<br/>Applesauce<br/>Greens<br/>Wheat Bread</p> <p>Pretzel Twists<br/>Pineapples</p>                 | <p>3</p> <p>English Muffin<br/>Mandarin Oranges</p> <p>Salisbury Steak<br/>Diced Pears<br/>Winter Blend<br/>Wheat Bread</p> <p>Yogurt<br/>Graham Crackers</p>  | <p>4</p> <p>Cold Cereal<br/>Banana</p> <p>Turkey Meatballs<br/>Peaches<br/>Broccoli<br/>Hot Dog Roll</p> <p>Goldfish<br/>Unsweetened Juice</p>               | <p>5</p> <p>Waffle<br/>Applesauce</p> <p>Ravioli<br/>Mandarin Oranges<br/>Salad Mix<br/>Wheat Bread</p> <p>Diced Pears<br/>Cheez- it Crackers</p>     |
| <p>8</p> <p>Pancake<br/>Diced Pears</p> <p>Meatloaf<br/>Peaches<br/>Mashed Potatoes<br/>Wheat Bread</p> <p>Pineapples<br/>Raisin Bread</p>                                   | <p>9</p> <p>Cold Cereal<br/>Warm Apples</p> <p>Chicken Patty<br/>Mixed Fruit<br/>Smiley Fries<br/>Hamburger Bun</p> <p>Ritz Crackers<br/>Unsweetened Juice</p>       | <p>10</p> <p>English Muffins<br/>Mixed Fruit</p> <p>Fish Sticks<br/>Mandarin Oranges<br/>Lima Beans<br/>Wheat Bread</p> <p>Tortilla Chips<br/>Applesauce</p>   | <p>11</p> <p>Cold Cereal<br/>Banana</p> <p>Cheese Pizza<br/>Diced Pears<br/>Corn<br/>Pizza Crust</p> <p>Goldfish Crackers<br/>Unsweetened Juice</p>          | <p>12</p> <p>Waffle<br/>Mandarin Oranges</p> <p>Tuna Fish<br/>Pineapples<br/>Salad Mix<br/>Wheat Crackers</p> <p>Preaches<br/>Animal Crackers</p>     |
| <p>15</p>  <p><b>Center Closed</b></p>   | <p>16</p> <p>Oatmeal<br/>Warm Apples Slices</p> <p>Turkey Slice<br/>Pineapples<br/>Mashed Potatoes<br/>Wheat Bread</p> <p>Saltine Crackers<br/>Unsweetened Juice</p> | <p>17</p> <p>Plain Bagel<br/>Applesauce</p> <p>Diced Chicken<br/>Diced Pears<br/>Mixed Vegetables<br/>Biscuit</p> <p>Peaches<br/>Soft Pretzel</p>              | <p>18</p> <p>Cold Cereal<br/>Banana</p> <p>Fish Wedge<br/>Mandarin Oranges<br/>Green Beans<br/>Hot Dog Roll</p> <p>Animal Crackers<br/>Unsweetened Juice</p> | <p>19</p> <p>Raisin Bread<br/>Mixed Fruit</p> <p>Chicken Fajita<br/>Grapes<br/>Diced Tomatoes<br/>Tortilla Wrap</p> <p>Yogurt<br/>Graham Crackers</p> |
| <p>22</p> <p>Cereal<br/>Diced Pears</p> <p>BBQ Diced Chicken<br/>Diced Peaches<br/>Stir Fry Vegetables<br/>Whole Wheat Bread</p> <p>Unsweetened Juice<br/>Pretzel Twists</p> | <p>23</p> <p>Pancake<br/>Unsweetened Applesauce</p> <p>Cheese Pizza<br/>Mixed Fruit<br/>Salad Mix<br/>Pizza Crust</p> <p>Diced Pears<br/>Goldfish Crackers</p>       | <p>24</p> <p>Diced Peaches<br/>Oatmeal</p> <p>Tuna Fish<br/>Pineapples<br/>Broccoli<br/>Whole Wheat Bread</p> <p>Unsweetened Juice<br/>Animal Cookies</p>      | <p>25</p> <p>English Muffin<br/>Mandarin Oranges</p> <p>Salisbury Steaks<br/>Peaches<br/>Peas<br/>Egg Noodles</p> <p>Applesauce<br/>Graham Crackers</p>      | <p>26</p> <p>Cereal<br/>Mixed Fruit</p> <p>Beef Patty<br/>Mandarin Oranges<br/>Smiley Fries<br/>Hamburger Roll</p> <p>Pineapples<br/>Raisin Bread</p> |
| <p>29</p> <p>French Toast<br/>Warm Apples</p> <p>Fish Wedge<br/>Mixed Fruit<br/>Smiley Fries<br/>Whole Wheat Bread</p> <p>Unsweetened Juice<br/>Animal Crackers</p>          | <p>30</p> <p>Cream of Wheat<br/>Diced Peaches</p> <p>Chicken Patty<br/>Applesauce<br/>Greens<br/>Wheat Bread</p> <p>Pretzel Twists<br/>Pineapples</p>                | <p>31</p> <p>English Muffin<br/>Mandarin Oranges</p> <p>Salisbury Steak<br/>Diced Pears<br/>Winter Blend<br/>Wheat Bread</p> <p>Yogurt<br/>Graham Crackers</p> |  |   |