



Adult Day Services

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Cold Cereal Diced Peaches</p> <p>Chicken Tenders Mandarin Oranges Smiley Fries Wheat Bread</p> <p>Diced Pears Pretzel Twist</p>	<p>3</p> <p>French Toast Sticks Pineapples</p> <p>Fish Wedge Mixed Fruit Green Beans Wheat Bread</p> <p>Cheez it Crackers Unsweetened Juice</p>	<p>4</p> <p>Pancake Pears</p> <p>Ravioli Diced Peaches Salad Mix Wheat Bread</p> <p>Raisin Bread Apple Sauce</p>	<p>5</p> <p>Cold Cereal Banana</p> <p>Hamburger Pineapples Baked Beans Hamburger Bun</p> <p>Tortilla Chips Unsweetened Juice</p>	<p>6</p> <p>Waffle Mixed Fruit</p> <p>Tuna Salad Cucumber Slices Peas Wheat Crackers</p> <p>Apple String Cheese</p>
<p>9</p> <p>Warm Apples Biscuit</p> <p>Salisbury Steak Diced Peaches Mashed Potatoes Wheat Bread</p> <p>Goldfish Crackers Unsweetened Juice</p>	<p>10</p> <p>Hot Cereal Peaches</p> <p>Chicken Patty Pineapple Diced Carrots Wheat Bread</p> <p>Mixed Fruit Saltine Crackers</p>	<p>11</p> <p>Cold Cereal Banana</p> <p>Cheese Pizza Mandarin Oranges Corn Pizza Crust</p> <p>Applesauce Vanilla Wafers</p>	<p>12</p> <p>French Toast Sticks Mixed Fruit</p> <p>Meatballs Sliced Apples Green beans Hot Dog Bun</p> <p>Cheerios Yogurt Cup</p>	<p>13</p> <p>Mini Bagel Pineapples</p> <p>Turkey Fajita Diced Pears Diced Tomatoes Wheat Wrap</p> <p>Soft Pretzel Unsweetened Juice</p>
<p>16</p> <p>Raisin Bread Diced Pears</p> <p>Beef Steaks Mandarin Oranges Smiley Fries Hot Dog Roll</p> <p>Applesauce Vanilla Wafers</p>	<p>17</p> <p>Egg Patty Warm Apples</p> <p>Fish Sticks Mixed Fruit Corn Wheat Bread Cheez it Crackers Unsweetened Juice</p>	<p>18</p> <p>Cold Cereal Banana</p> <p>Meatloaf Diced Peaches Egg Noodles</p> <p>Diced Pears Graham Crackers</p>	<p>19</p> <p>Pancake Mixed Fruit</p> <p>Tuna Salad Pineapples Salad Mix Wheat Crackers</p> <p>Tortilla Chips Unsweetened Juice</p>	<p>20</p> <p>English Muffin Mandarin Oranges</p> <p>Diced Chicken Diced Pears Stir Fry Vegetables Wheat Bread</p> <p>Warm Apples Raisin Bread</p>
<p>23</p> <p>French Toast Sticks Peaches</p> <p>Chicken Tenders Mandarin Oranges Smiley Fries Wheat Bread</p> <p>Pretzel Twist Unsweetened Juice</p>	<p>24</p> <p>Cold Cereal Mandarin Oranges</p> <p>Ravioli Pineapples Salad Mix Wheat Bread</p> <p>Applesauce Saltine Crackers</p>	<p>25</p> <p>Pancake Diced Pears</p> <p>Cheese Pizza Mixed Fruit Corn Pizza Crust</p> <p>Diced Peaches Animal Cookies</p>	<p>26</p> <p>Cereal Banana</p> <p>Salisbury Steaks Applesauce Green Beans Rice Pilaf</p> <p>Soft Pretzel Unsweetened Juice</p>	<p>27</p> <p>Warm Apples Slices Biscuit</p> <p>BBQ Chicken Diced Peaches Peas Hamburger Bun</p> <p>Diced Pears Graham Crackers</p>
<p>30</p> <p>Cold Cereal Diced Peaches</p> <p>Chicken Tenders Mandarin Oranges Smiley Fries Wheat Bread</p> <p>Diced Pears Pretzel Twist</p>	<p>31</p> <p>French Toast Sticks Pineapples</p> <p>Fish Wedge Mixed Fruit Green Beans Wheat Bread</p> <p>Cheez it Crackers Unsweetened Juice</p>	<p>Notes: 1% Milk served with Breakfast and Lunch</p>		