

Adult Day Services

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cold Cereal Diced Peaches Chicken Tenders Smiley Fries Mandarin Oranges Wheat Bread Pretzel Twist Diced Pears	French Toast Sticks Pineapples Fish Wedge Mixed Fruit Green Beans Wheat Bread Cheez it Unsweetened Juice	Pancake Pears Cheese Pizza Corn Diced Peaches Pizza Crust Slice Raisin Bread Apple Sauce	Cold Cereal Banana Hamburger Baked Beans Pineapples Hamburger Bun Tortilla Chips Unsweetened Juice	Waffle Mixed Fruit Tuna Salad Salad Mix Pears Wheat Crackers Apple String Cheese
8	9	10	11	12
Warm Apple Slices Biscuit Salisbury Steak w/Gravy Mashed Potatoes Diced Peaches Wheat Bread Goldfish Crackers Unsweetened Juice	Cold Cereal Peaches Chicken Patty Smiley Fries Pineapples Wheat Bread Mixed Fruit Saltine Crackers	French Toast Sticks Pears Pizza Corn Mandarin Oranges Pizza Crust Applesauce Graham Crackers	Cold Cereal Mixed Fruit Meatballs Green Beans Sliced Apples Hot Dog Bun Yogurt Cheerios	Mini Bagel Mandarin Oranges Turkey Fajita Shredded Lettuce Pears Wheat Wrap Soft Pretzel Unsweetened Juice
15	16	17	18	19
Slice Raisin Bread Diced Pears Beef Steaks Smiley Fries Mandarin Oranges Hot Dog Roll Applesauce Wheat Crackers	Warm Apples Wheat Bread Fish Sticks Corn Mixed Fruit Wheat Bread Cheez it Crackers Unsweetened Juice	Cold Cereal Banana Meatloaf w/Gravy Egg Noodles Green Beans Diced Peaches Diced Pears Graham Crackers	Pancake Mixed Fruit Diced Chicken Stir Fry Vegetables Diced Pears Wheat Bread Tortilla Chips Unsweetened Juice	English Muffin Mandarin Oranges Tuna Salad Salad Mix Pineapples Wheat Crackers Warm Apples Raisin Bread
22	23	24	25	26
French Toast Sticks Peaches Chicken Tenders Smiley Fries Mandarin Oranges Wheat Bread Pretzel Twist Unsweetened Juice	Cold Cereal Mandarin Oranges Fish Wedge Salad Mix Pineapples Wheat Bread Applesauce Wheat Crackers	Pancake Diced Pears Slice Cheese Pizza Corn Mixed Fruit Animal Cookies Diced Peaches	Cold Cereal Banana Salisbury Steaks Green Beans Applesauce Rice Goldfish Crackers Unsweetened Juice	Warm Apple Slices Biscuit Beef Ravioli Salad Mix Diced Peaches Wheat Bread Yogurt Graham Crackers
29	30	31	Notes: 1% Milk served with Breakfast and Lunch	
Cold Cereal Diced Peaches Chicken Tenders Smiley Fries Mandarin Oranges Wheat Bread Pretzel Twist Diced Pears	French Toast Sticks Pineapples Fish Wedge Mixed Fruit Green Beans Wheat Bread Cheez it Unsweetened Juice	Pancake Pears Cheese Pizza Corn Diced Peaches Pizza Crust Slice Raisin Bread Apple Sauce		