



*Adult Day Services*

*September 2018*

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
  <b>Center Closed</b>	French Toast Sticks Pineapples  Fish Wedge Mixed Fruit Green Beans Wheat Bread  Cheez it Unsweetened Juice	Pancake Pears  Cheese Pizza Corn Diced Peaches Pizza Crust  Slice Raisin Bread Apple Sauce	Cold Cereal Banana  Hamburger Baked Beans Pineapples Hamburger Bun  Tortilla Chips Unsweetened Juice	Waffle Mixed Fruit  Tuna Salad Salad Mix Pears Wheat Crackers  Apple String Cheese
10	11	12	13	14
Warm Apple Slices Biscuit  Salisbury Steak w/Gravy Mashed Potatoes Diced Peaches Wheat Bread  Goldfish Crackers Unsweetened Juice	Cold Cereal Peaches  Chicken Patty Smiley Fries Pineapples Wheat Bread  Mixed Fruit Saltine Crackers	French Toast Sticks Pears  Pizza Corn Mandarin Oranges Pizza Crust  Applesauce Graham Crackers	Cold Cereal Mixed Fruit  Meatballs Green Beans Sliced Apples Hot Dog Bun  Yogurt Cheerios	Mini Bagel Mandarin Oranges  Turkey Fajita Shredded Lettuce Pears Wheat Wrap  Soft Pretzel Unsweetened Juice
17	18	19	20	21
Slice Raisin Bread Diced Pears  Chicken Steak Smiley Fries Mandarin Oranges Hot Dog Roll  Applesauce Wheat Crackers	Warm Apples Wheat Bread  Fish Sticks Corn Mixed Fruit Wheat Bread  Cheez it Crackers Unsweetened Juice	Cold Cereal Banana  Meatloaf w/Gravy Egg Noodles Green Beans Diced Peaches  Diced Pears Graham Crackers	Pancake Mixed Fruit  Diced Chicken Broccoli Diced Pears Rice  Tortilla Chips Unsweetened Juice	English Muffin Mandarin Oranges  Tuna Salad Salad Mix Pineapples Wheat Crackers  Warm Apples Raisin Bread
24	25	26	27	28
French Toast Sticks Peaches  Chicken Tenders Smiley Fries Mandarin Oranges Wheat Bread  Pretzel Twist Unsweetened Juice	Cold Cereal Mandarin Oranges  Fish Wedge Salad Mix Pineapples Wheat Bread  Applesauce Wheat Crackers	Pancake Diced Pears  Slice Cheese Pizza Corn Mixed Fruit  Animal Cookies Diced Peaches	Cold Cereal Banana  Salisbury Steaks Green Beans Applesauce Rice  Goldfish Crackers Unsweetened Juice	Warm Apple Slices Biscuit  Beef Ravioli Salad Mix Diced Peaches Wheat Bread  Yogurt Graham Crackers

Notes:

**1% Milk served with Breakfast and Lunch**  
**Menu is Peanut free and Pork free**