

This institution is an equal opportunity provider and employer

*EHS/Head Start*

*April 2019*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Cereal Mandarin Oranges</p> <p>Hamburger Baked Beans Peaches Hamburger</p> <p>Graham Crackers Applesauce</p>	<p>2</p> <p>French Toast Sticks Pears</p> <p>Chicken Tender Smiley Fries Pineapples Wheat Bread</p> <p>Tortilla Chips Unsweetened Juice</p>	<p>3</p> <p>Oatmeal Peaches</p> <p>Cheese Pizza Corn Mandarin Oranges Pizza Crust</p> <p>Goldfish Mixed Fruit</p>	<p>4</p> <p>Cold Cereal Banana</p> <p>Fish Green Beans Diced Pears Wheat Bread</p> <p>Pretzel Twists Unsweetened Juice</p>	<p>5</p> <p>Waffle Warm Apples Slices</p> <p>Chicken Fajita Salad Mix Fresh Oranges Wheat Wrap</p> <p>Peaches Saltine Crackers</p>
<p>8</p> <p>Pancake Pears</p> <p>Chicken Patty Mashed Potatoes Diced Peaches Wheat Bread</p> <p>Applesauce Animal Cookie</p>	<p>9</p> <p>English Muffin Mixed Fruit</p> <p>Hamburger Baked Beans Mandarin Oranges Hamburger Bun</p> <p>Goldfish Unsweetened Juice</p>	<p>10</p> <p>Raisin Bread Applesauce</p> <p>Fish Wedge Carrots Pineapples Wheat Bread</p> <p>Pretzel Mandarin Oranges</p>	<p>11</p> <p>Cereal Diced Peaches</p> <p>Sweet &amp; Sour Chicken Vegetable Blend Diced Pears Dinner Roll</p> <p>Cheez it Unsweetened Juice</p>	<p>12</p> <p>Buttermilk Mandarin</p> <p>Chicken Cheesesteak Smiley Fries Mixed Fruit Hotdog Bun</p> <p>Graham Crackers Yogurt</p>
<p>15</p> <p>Cereal Diced Peaches</p> <p>Salisbury Steak Mashed Potatoes Mandarin Oranges Wheat Bread</p> <p>Tortilla Chips Unsweetened Juice</p>	<p>16</p> <p>Waffle Diced Pears</p> <p>Chicken Tender Carrots Applesauce</p> <p>Wheat Thins Diced Pineapples</p>	<p>17</p> <p>Cereal Mixed Fruit</p> <p>Cheese Pizza Corn Pineapples Pizza Crust</p> <p>Pretzel Twists Peaches</p>	<p>18</p> <p><b>Professional Day</b> <b>School Closed</b></p>	<p>19</p> 
<p>22</p> 	<p>23</p> <p>Cereal Diced Peaches</p> <p>Chicken Fries Smiley Fries Mandarin Oranges Wheat Bread</p> <p>Cheez it Applesauce</p>	<p>24</p> <p>Waffle Diced Pears</p> <p>Fish Carrots Diced Pineapples Hamburger Roll</p> <p>Graham Crackers Yogurt</p>	<p>25</p> <p>Cold Cereal Banana</p> <p>Sweet &amp; Sour Chicken Vegetable Blend Mixed Fruit Dinner Roll</p> <p>Animal Cookies Mandarin Oranges</p>	<p>26</p> <p>Raisin Bread Warm Apples</p> <p>Turkey Salad Peaches Wheat Bread</p> <p>Gold Fish Unsweetened Juice</p>
<p>29</p> <p>Pancake Mixed Fruit</p> <p>Beef Ravioli Peas Diced Pears Wheat Bread</p> <p>Pretzel Twist Unsweetened Juice</p>	<p>30</p> <p>Cereal Diced Peaches</p> <p>Chicken Fries Smiley Fries Mandarin Oranges Wheat Bread</p> <p>Cheez it Applesauce</p>	<p><b>Notes:</b> Children 12 – 24 months Whole Vitamin D Milk Children over 24 months 1% Low-fat Milk</p> <p>Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix</p>		