

*EHS/Head Start*

*December 2018*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Warm Apples French Toast Sticks</p> <p>Fish Wedge Mixed Fruit Smiley Fries Wheat Bread</p> <p>Animal Cookies Unsweetened Juice</p>	<p>4</p> <p>Oatmeal Diced Peaches</p> <p>Chicken Patty Greens Apple Sauce Wheat Bread</p> <p>Pretzel Twists Pineapples</p>	<p>5</p> <p>English Muffin Mandarin Oranges</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Diced Pears Wheat Bread</p> <p>Graham Crackers Yogurt</p>	<p>6</p> <p>Cold Cereal Banana</p> <p>Turkey Meatballs Green beans Peaches Spaghetti Noodles</p> <p>Goldfish Unsweetened Juice</p>	<p>7</p> <p>Waffle Applesauce</p> <p>Ravioli Salad Mix Pineapples Wheat Bread</p> <p>Diced Pears Cheez it Crackers</p>
<p>10</p> <p>Pancake Diced Pears</p> <p>Meatloaf w/Gravy Mash Potatoes Peaches Wheat Bread</p> <p>Pineapples Raisin Bread</p>	<p>11</p> <p>Warm Apples Cereal</p> <p>Chicken Patty Smiley Fries Mixed Fruit Hamburger Bun</p> <p>Ritz Crackers Unsweetened Juice</p>	<p>12</p> <p>Mini Bagel Mixed Fruit</p> <p>Fish Lima Beans Mandarin Oranges Wheat Bread</p> <p>Applesauce Tortilla Chips</p>	<p>13</p> <p>Cold Cereal Banana</p> <p>Cheese Pizza Corn Diced Pears Pizza Crust</p> <p>Goldfish Unsweetened Juice</p>	<p>14</p> <p>Waffle Mandarin Oranges</p> <p>Tuna Fish Salad Mix Pineapples Wheat Crackers</p> <p>Peaches Wheat Crackers</p>
<p>17</p> <p>Cold Cereal Peaches</p> <p>Meatballs Broccoli Mandarin Oranges Hot Dog Roll</p> <p>Diced Pears Cheez it Crackers</p>	<p>18</p> <p>Oatmeal Warm Apples</p> <p>Turkey w/Gravy Mash Potatoes Pineapples Wheat Bread</p> <p>Saltine Crackers Unsweetened Juice</p>	<p>19</p> <p>Cold Cereal Banana</p> <p>Diced Chicken w/Gravy Mixed Vegetables Mandarin Oranges Biscuits</p> <p>Soft Pretzel Peaches</p>	<p>20</p> <p>Mini Bagel Applesauce</p> <p>Fish Wedge Green Beans Diced Pears Hot Dog Roll</p> <p>Animal Crackers Apple Juice</p>	<p>21</p> <p><b>Professional Day</b></p> <p><b>School Closed</b></p>
<p>24</p> 	<p>25</p> 	<p>26</p> 	<p>27</p> 	<p>28</p> 
<p>31</p> 	<p><b>Notes:</b></p> <p>Children 12 – 24 months Whole Vitamin D Milk Children over 24 months 1% Low-fat Milk</p> <p>Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix</p>			