

This institution is an equal opportunity provider and employer

EHS/Head Start

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">Notes: Children 12 – 24 months Whole Vitamin D Milk Children over 24 months 1% Low-fat Milk Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix</p>				1
4	5	6	7	8
Cereal Mandarin Oranges Hamburger Baked Beans Peaches Hamburger Graham Crackers Applesauce	French Toast Sticks Pears Chicken Tender Smiley Fries Pineapples Wheat Bread Tortilla Chips Unsweetened Juice	Oatmeal Peaches Cheese Pizza Corn Mandarin Oranges Pizza Crust Goldfish Mixed Fruit	Cold Cereal Banana Fish Green Beans Diced Pears Wheat Bread Pretzel Twists Unsweetened Juice	Waffle Applesauce Ravioli Salad Mix Pineapples Wheat Bread Diced Pears Cheez it Crackers
11	12	13	14	15
Pancake Pears Chicken Patty Mashed Potatoes Diced Peaches Wheat Bread Applesauce Animal Cookie	Raisin Bread Applesauce Fish Wedge Carrots Pineapples Wheat Bread Graham Crackers Yogurt	English Muffin Mixed Fruit Hamburger Baked Beans Mandarin Oranges Hamburger Bun Cheez-Its Unsweetened Juice	Cereal Diced Peaches Sweet & Sour Chicken Vegetable Blend Diced Pears Dinner Roll Pretzel Mandarin Oranges	Professional Day School Closed
18	19	20	21	22
Cereal Diced Peaches Salisbury Steak Mashed Potatoes Mandarin Oranges Wheat Bread Tortilla Chips Unsweetened Juice	Waffle Diced Pears Cheese Pizza Corn Pineapples Pizza Crust Goldfish Mixed Fruit	Cereal Mixed Fruit Chicken Tender Carrots Applesauce Wheat Bread Pretzel Twists Peaches	Bagel Mandarin Oranges Turkey Meatballs Smiley Fries Diced Pears Hot Dog Bun Saltine Crackers Unsweetened Juice	French Toast Sticks Applesauce Tuna Fish Salad Mix Peaches Wheat Bread Wheat Thins Diced Pineapples
25	26	27	28	29
Pancake Mixed Fruit Beef Ravioli Peas Diced Pears Wheat Bread Pretzel Twist Unsweetened Juice	Cereal Diced Peaches Chicken Fries Smiley Fries Mandarin Oranges Wheat Bread Cheez it Applesauce	Waffle Diced Pears Fish Carrots Diced Pineapples Hamburger Roll Graham Crackers Yogurt	Cold Cereal Banana Sweet & Sour Chicken Vegetable Blend Mixed Fruit Dinner Roll Animal Cookies Mixed Fruit	Raisin Bread Warm Apples Turkey Salad Peaches Wheat Bread Gold Fish Unsweetened Juice