



This institution is an equal opportunity provider and employer

*EHS/Head Start*

*February 2020*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Pancake Diced Pears</p> <p>Beef Steak Patty Mashed Potatoes Peaches Whole Wheat Bread</p> <p>Pineapples Raisin Bread</p>	<p>4</p> <p>Biscuit Warm Apples</p> <p>Chicken Nuggets Fries Mixed Fruit Whole Wheat Bread</p> <p>Ritz Crackers Unsweetened Juice</p>	<p>5</p> <p>Bagel Mixed Fruit</p> <p>Fish Lima Beans Mandarin Oranges Whole Wheat Bread</p> <p>Tortilla Chips Applesauce</p>	<p>6</p> <p>Cereal Banana</p> <p>Diced Chicken Peas Diced Pears Rice</p> <p>Goldfish Crackers Unsweetened Juice</p>	<p>7</p> <p>Waffle Mandarin Oranges</p> <p>Tuna Fish Salad Mix Pineapples Wheat Crackers</p> <p>Animal Cookies Peaches</p>
<p>10</p> <p>Egg Patty Warm Apples</p> <p>Meatballs Broccoli Warm Apples Hot Dog Roll</p> <p>Cheez it Diced Pears</p>	<p>11</p> <p>Oatmeal Peaches</p> <p>Salisbury Steak Carrots Pineapples Whole Wheat Bread</p> <p>Saltine Crackers Unsweetened Juice</p>	<p>12</p> <p>Cereal Banana</p> <p>Diced Chicken Mixed Vegetables Mandarin Oranges Biscuits</p> <p>Soft Pretzel Diced Peaches</p>	<p>13</p> <p>English Muffin Applesauce</p> <p>Fish Green Beans Diced Pears Whole Wheat Bread</p> <p>Sun Chips Apple Juice</p>	<p>14</p> <p>French Toast Sticks Warm Apples</p> <p>Chicken Patty Peas Diced Peaches Whole Wheat Bread</p> <p>Graham Crackers Yogurt</p>
<p>17</p> <p><b>SCHOOL CLOSED</b></p> <p><b>PRESIDENT'S DAY</b></p>	<p>18</p> <p>Pancake Warm Apples</p> <p>Turkey Meatballs Green beans Mixed Fruit Spaghetti Noodles</p> <p>Goldfish Diced Pears</p>	<p>19</p> <p>Plain Bagel Mandarin Oranges</p> <p>Chicken Tenders Carrots Peaches Whole Wheat Bread</p> <p>Ritz Bits Unsweetened Juice</p>	<p>20</p> <p>Cereal Diced Peaches</p> <p>Salisbury Steaks Peas Diced Pears Egg Noodles</p> <p>Graham Crackers Applesauce</p>	<p>21</p> <p>Biscuit Mixed Fruit</p> <p>Fajita Broccoli Pineapples Whole Wheat Wrap</p> <p>Warm Apples Raisin Bread</p>
<p>24</p> <p>French Toast Stick Warm Apples</p> <p>Fish Greens Pineapples Whole Wheat Bread</p> <p>Animal Cookies Unsweetened Juice</p>	<p>25</p> <p>Oatmeal Diced Peaches</p> <p>Chicken Patty Sweet Potato Fries Mandarin Oranges Whole Wheat Bread</p> <p>Pretzel Twist Applesauce</p>	<p>26</p> <p>English Muffins Mandarin Oranges</p> <p>Salisbury Steak Mashed Potatoes Diced Pears Whole Wheat Bread</p> <p>Graham Crackers Yogurt Cup</p>	<p>27</p> <p>Cereal Banana</p> <p>Turkey Meatballs Green Beans Peaches Spaghetti Noodles</p> <p>Goldfish Unsweetened Juice</p>	<p>28</p> <p>Waffle Applesauce</p> <p>Chicken Steak Smiley Fries Mixed Fruit Hot Dog Bun</p> <p>Diced Pears Ritz Bits w/cheese</p>

**Notes:**

Children 12 – 24 months Whole Vitamin D Milk  
Children over 24 months 1% Low-fat Milk

Cold Cereal = Cheerios, Corn Flakes, Rice Krispies,  
Corn Chex, Wheat Chex, Kix

**THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE**