

March 2020 SHORE UP! Inc Shady Pines Adult Medical Day Care

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Motivational Time with Pastor Collins</p> <p>Dr. Seus Word Search</p>	<p>3 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Shopping Trip: Walmart</p> <p>Craft: Decorative Vases</p>	<p>4 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Shopping Trip: Walmart</p> <p>Monthly Vitals</p> <p>Table Tennis</p> <p>Word Puzzles</p>	<p>5 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>SU Student Nurse Presentation</p> <p>Inspirational Moment with Salisbury Baptist Temple</p>	<p>6 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Monthly Vitals</p> <p>My Name Means</p> <p>Pictionary</p>
<p>9 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Ear Care Chat</p> <p>Bingo</p>	<p>10 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Craft: Tissue Paper Flowers</p> <p>Concentration</p>	<p>11 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Activities with Agnes</p> <p>Women's History Fun Facts</p>	<p>12 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Watercolor Art</p> <p>Shady Pines Auction</p>	<p>13 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Shady Pines Cinema</p> 
<p>16 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Motivational Time with Pastor Collins</p> <p>How Many Words</p>	<p>17 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>St. Patrick's Day</p> <p>Find the Leprechaun</p> <p>Green Shakes</p>	<p>18 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Memory Dice</p> <p>Line Dancing</p>	<p>19 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Bean Bag Trivia</p> <p>Inspirational Moment with Salisbury Baptist Temple</p>	<p>20 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Springtime Word Unscramble</p> <p>Springtime Jingo</p>

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<p>23 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Noodle Art</p> <p>Simon Says</p>	<p>24 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Shady Pines Cinema</p> 	<p>25 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Activities with Agnes</p> <p>Bingo</p>	<p>26 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Yarn Wall Art</p> <p>Karaoke</p>	<p>27 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>April Showers Decor</p>
<p>30 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Beading</p> <p>Joy Jar Reflections</p>	<p>31 Coffee & Tea Club</p> <p>Exercise to Music</p> <p>Birthday Word Scramble</p> <p>Birthday Grab Bag</p>	<p>March Birthdays</p> <p>Freddie C. – 3/4</p> <p>Layla H. – 3/13</p> <p>Lydia W. – 3/17</p> <p>Tabitha M. – 3/22</p> <p>Edna R. – 3/22</p> <p>Staff</p> <p>Towanda J. – 3/6</p> <p>Debbie S. – 3/26</p>	<p>Celebrity Birthdays</p> <p>DR.SUESS 3/2</p> <p>ALEXANDER GRAMM BELL 3/3</p> <p>LOU COSTELLO 3/6</p> <p>LAWRENCE WELK 3/11</p> <p>LIZA MINNELLI 3/12</p> <p>ALBERT EINSTEIN 3/14</p> <p>JERRY LEWIS 3/16</p> <p>NAT KING COLE 3/17</p> <p>MISTER FRED ROGERS 3/20</p>	<p>Birthstone – Aquamarine</p> <p>Birth Flower – Daffodil</p> <p>AMERICAN RED CROSS MONTH</p> <p>NATIONAL CRAFT MONTH</p> <p>NATIONAL NOODLE MONTH</p> <p>NATIONAL PEANUT MONTH</p> <p>FOOT HEALTH MONTH</p> <p>NATIONAL FROZEN FOOD MONTH</p> <p>NATIONAL SAUCE MONTH</p>



After hours (Emergencies Only): 410-603-0013
After hours (Non-Emergency Messages): 443-523-0050

***All activities are subject to change.**

Schedule of Events:

- 8:00-10:40 - Arrival/Breakfast/Bathroom Break
- 10:40-10:50 - Exercise
- 11:00-12:15 Outing (Scheduled Days)
- 10:45 -11:15 AM Activities
- 11:15-11:30 Bathroom Break
- 11:45 -12:15 Lunch Set Up & Service
- 12:30-1:00 Lunch
- 12-1:45 PM Activities
- 1:45-2:00 Bathroom Break/Snack Prep & Clean Up