



This institution is an equal opportunity provider and employer

EHS/Head Start

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Cold Cereal Mixed Fruit</p> <p>Tuna Diced Peaches Corn Whole Wheat Cracker</p> <p>Sun Chips Unsweetened Juice</p>	<p>3</p> <p>SCHOOL CLOSED STAFF TRAINING</p>	<p>4</p> <p>Cold Cereal Peaches</p> <p>Tuna Green Beans Pears Whole Wheat Cracker</p> <p>Apple Sauce Graham Crackers</p>	<p>5</p> <p>English Muffins Mixed Fruit</p> <p>Chicken Carrots Pineapples Saltine Crackers</p> <p>Ritz Bits Unsweetened Juice</p>	<p>6</p> <p>Cold Cereal Pears</p> <p>Cheese Sticks Peas Mandarin Oranges Whole Wheat Cracker</p> <p>Peaches Animal Cookies</p>
<p>9</p> <p>Cold Cereal Mixed Fruit</p> <p>Tuna Diced Peaches Corn Whole Wheat Cracker</p> <p>Sun Chips Unsweetened Juice</p>	<p>10</p> <p>Bagel Applesauce</p> <p>Chicken Peas Mandarin Oranges Saltine Crackers</p> <p>Cheez it Mixed Fruit</p>	<p>11</p> <p>Cold Cereal Peaches</p> <p>Tuna Green Beans Pears Whole Wheat Cracker</p> <p>Apple Sauce Graham Crackers</p>	<p>12</p> <p>English Muffins Mixed Fruit</p> <p>Chicken Carrots Pineapples Saltine Crackers</p> <p>Ritz Bits Unsweetened Juice</p>	<p>13</p> <p>Cold Cereal Pears</p> <p>Cheese Sticks Peas Mandarin Oranges Whole Wheat Cracker</p> <p>Peaches Animal Cookies</p>
<p>16</p> <p>Cold Cereal Mixed Fruit</p> <p>Tuna Diced Peaches Corn Whole Wheat Cracker</p> <p>Sun Chips Unsweetened Juice</p>	<p>17</p> <p>Bagel Applesauce</p> <p>Chicken Peas Mandarin Oranges Saltine Crackers</p> <p>Cheez it Mixed Fruit</p>	<p>18</p> <p>Cold Cereal Peaches</p> <p>Tuna Green Beans Pears Whole Wheat Cracker</p> <p>Apple Sauce Graham Crackers</p>	<p>19</p> <p>English Muffins Mixed Fruit</p> <p>Chicken Carrots Pineapples Saltine Crackers</p> <p>Ritz Bits Unsweetened Juice</p>	<p>20</p> <p>Cold Cereal Pears</p> <p>Cheese Sticks Peas Mandarin Oranges Whole Wheat Cracker</p> <p>Peaches Animal Cookies</p>
<p>23</p> <p>Cold Cereal Mixed Fruit</p> <p>Tuna Diced Peaches Corn Whole Wheat Cracker</p> <p>Sun Chips Unsweetened Juice</p>	<p>24</p> <p>Bagel Applesauce</p> <p>Chicken Peas Mandarin Oranges Saltine Crackers</p> <p>Cheez it Mixed Fruit</p>	<p>25</p> <p>SCHOOL CLOSED HOLIDAY</p>	<p><i>Happy Thanksgiving</i></p>	<p>27</p>
<p>30</p> <p>Cold Cereal Mixed Fruit</p> <p>Tuna Diced Peaches Corn Whole Wheat Cracker</p> <p>Sun Chips Unsweetened Juice</p>	<p>Notes:</p> <p>Children 12 – 24 months Whole Vitamin D Milk Children over 24 months 1% Low-fat Milk</p> <p>Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix</p> <p>THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU</p>			



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