

This institution is an equal opportunity provider and employer

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AMDC

SEPTEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
MILK IS SERVED DAILY Children 12 – 24 months Whole Vitamin D Milk Children over 24 months 1% Low-fat Milk Cold Cereal = WG Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU		1 National Day 16 th National Cinnamon Raisin Day 19 th – 25 th National ADS Week 20 th National String Cheese Day	2	3
$\begin{array}{c} \mathbf{b} \\ \mathbf{b} \\ \mathbf{b} \\ \mathbf{b} \\ \mathbf{c} \\ $	7 French Toast Sticks Pineapples Turkey Meatballs Peas Pears Spaghetti Unsweetened Juice Cheez it	8 Pancake Diced Pears Turkey Green Beans Mandarin Oranges WG Wheat Bread Applesauce Raisin Bread	Cereal Banana Hamburger Baked Beans Pineapples WG Hamburger Bun Unsweetened Juice Ritz Crackers	10 Waffle Warm Apples Fish Carrots Mixed Fruit WG Wheat Bread Peaches Sun Chips
13 Buttermilk Biscuit Warm Apples Slices Salisbury Steak Green Beans Peaches Noodles Unsweetened Juice Goldfish	14 Oatmeal Peaches Fish Corn Applesauce WG Wheat Bread Yogurt Graham Crackers	15 French Toast Sticks Diced Pears Diced Chicken Broccoli Mandarin Oranges Rice Mixed Fruit Wheat Crackers	16 Cereal Mixed Fruit Turkey Meatballs Carrots Pears WG Hot Dog Bun Applesauce Cinn. Raisin Bread	17 Bagel Pineapples Chicken Patty Greens Mandarin Oranges WG Wheat Bread Unsweetened Juice Pretzels
20 Raisin Bread Diced Pears Hamburger Baked Beans Mandarin Oranges WG Hamburger Bun Kiring Cheese Wheat Crackers	21 Wheat Bread Warm Apples Slices Egg Patty Chicken Nuggets Fries Pineapples WG Wheat Bread Unsweetened Juice Cheez it	22 Pancake Mixed Fruit Steak Umm Peas Peaches WG Hotdog Bun Diced Pears Animal Cookies	23 WG Cereal Banana Turkey Meatballs Green Beans Diced Pears Spaghetti Unsweetened Juice Goldfish	24 English Muffins Peaches Fish Lima Beans Mandarin Oranges WG Wheat Bread Applesauce Graham Crackers
27 French Toast Sticks Mixed Fruit Chicken Tenders Smiley Fries Peaches WG Wheat Bread Applesauce Club Crackers	28 Biscuit Warm Apples Slices Fish Wedge Carrots Pineapples WG Wheat Bread Unsweetened Juice Pretzels	WG Cereal Banana Turkey Meatballs Green beans Mixed fruit Spaghetti Peaches Sun Chips	30 Waffles Diced Pears Salisbury Steak Greens Mandarin Oranges WG Wheat Bread Unsweetened Juice Cheez it	



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Notes:

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