

*ADS/SHADY PINES*

*SEPTEMBER 2022*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Milk is Served Daily (Breakfast &amp; Lunch)</b>  <b>ADULTS = 1% Low-fat Milk</b>  <b>Cold Cereal= Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex,</b>  <b>THIS IS A PEANUT/PEANUT PRODUCT FREE &amp; PORK/PORK PRODUCT FREE MENU</b></p>				
5	6	7	8	9
	<p>French Toast Sticks Pineapples</p> <p>Turkey Meatballs Peas Pears Spaghetti</p> <p>Unsweetened Juice Cheez it</p>	<p>Pancake Diced Pears</p> <p>Turkey Green Beans Mandarin Oranges WG Wheat Bread</p> <p>Applesauce Graham Crackers</p>	<p>Cereal Mandarin Oranges</p> <p>Hamburger Baked Beans Pineapples WG Hamburger Bun</p> <p>Unsweetened Juice Ritz Crackers</p> 	<p>Waffle Warm Apples</p> <p>Fish Carrots Mixed Fruit WG Wheat Bread</p> <p>Peaches Sun Chips</p>
12	13	14	15	16
<p>Buttermilk Biscuit Warm Apples Slices</p> <p>Salisbury Steak Green Beans Peaches Noodles</p> <p>Unsweetened Juice Goldfish</p>	<p>Oatmeal Peaches</p> <p>Chicken Patty Corn Mandarin Oranges WG Wheat Bread</p> <p>Yogurt Graham Crackers</p>	<p>French Toast Sticks Diced Pears</p> <p>Diced Chicken Broccoli Peaches Rice</p> <p>Mixed Fruit Wheat Crackers</p>	<p>Cereal Mixed Fruit</p> <p>Turkey Meatballs Carrots Pears Hot Dog Bun</p> <p>Applesauce Cheez it</p>	<p>Bagel Pineapples</p> <p>Chicken Steak Greens Mandarin Oranges Hot Dog Bun</p> <p>Unsweetened Juice Pretzels</p>
19	20	21	22	23
<p>Waffle Diced Pears</p> <p>Hamburger Baked Beans Mandarin Oranges WG Hamburger Bun</p> <p>String Cheese Wheat Crackers</p>	<p>French Toast Mandarin Oranges</p> <p>Chicken Nuggets Fries Pineapples WG Wheat Bread</p> <p>Unsweetened Juice Cheez it</p>	<p>Pancake Mixed Fruit</p> <p>Steak Umm Peas Peaches WG Hotdog Bun</p> <p>Diced Pears Animal Cookies</p>	<p>WG Cereal Peaches</p> <p>Turkey Meatballs Green Beans Diced Pears Spaghetti</p>  <p>Unsweetened Juice Goldfish</p>	<p>English Muffins Peaches</p> <p>Fish Lima Beans Mandarin Oranges WG Wheat Bread</p> <p>Mixed Fruit Graham Crackers</p>
26	27	28	29	30
<p>French Toast Sticks Mixed Fruit</p> <p>Chicken Tenders Smiley Fries Peaches WG Wheat Bread</p> <p>Applesauce Club Crackers</p>	<p>Biscuit Warm Apples Slices</p> <p>Fish Wedge Carrots Pineapples WG Wheat Bread</p> <p>Unsweetened Juice Pretzels</p>	<p>WG Cereal Peaches</p> <p>Turkey Meatballs Corn Mandarin Oranges Spaghetti</p> <p>Peaches Sun Chips</p>	<p>Waffles Diced Pears</p> <p>Salisbury Steak Greens Mixed Fruit WG Wheat Bread</p> <p>Unsweetened Juice Cheez it</p>	<p>Oatmeal Peaches</p> <p>Chicken Fajita Peas Diced Peaches Wheat Wrap</p> <p>Yogurt Graham Crackers</p>



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