



This institution is an equal opportunity provider and employer

Adult Day Services

OCTOBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>WG Cereal Diced Peaches</p> <p>Diced Chicken Broccoli Pineapples</p> <p>Diced Pears Pretzel Twist</p>	<p>4</p> <p>French Toast Sticks Pineapples</p> <p>Turkey Meatballs Peas Pears Spaghetti Noodles</p> <p>Unsweetened Juice Cheez it</p>	<p>5</p> <p>Pancake Diced Pears</p> <p>Turkey Green Beans Mandarin Oranges WG Wheat Bread</p> <p>Applesauce Graham Crackers</p>	<p>6</p> <p>WG Cereal Mandarin Oranges</p> <p>Hamburger Baked Beans Pineapples WG Hamburger Bun</p> <p>Unsweetened Juice Ritz Crackers</p>	<p>7</p> <p>Waffle Warm Apples</p> <p>Fish Carrots Mixed Fruit WG Wheat Bread</p> <p>Peaches Sun Chips</p>
<p>10</p> <p>Buttermilk Biscuit Warm Apples Slices</p> <p>Salisbury Steak Green Beans Peaches Noodles</p> <p>Unsweetened Juice Goldfish</p>	<p>11</p> <p>Oatmeal Peaches</p> <p>Chicken Patty Corn Mandarin Oranges WG Wheat Bread</p> <p>Yogurt Graham Crackers</p>	<p>12</p> <p>French Toast Sticks Diced Pears</p> <p>Diced Chicken Broccoli Peaches Rice</p> <p>Mixed Fruit Wheat Crackers</p>	<p>13</p> <p>WG Cereal Mixed Fruit</p> <p>Turkey Meatballs Carrots Pears Hot Dog Bun</p> <p>Applesauce Cheez it</p>	<p>14</p> <p>Bagel Pineapples</p> <p>Chicken Steak Greens Mandarin Oranges Hot Dog Bun</p> <p>Unsweetened Juice Pretzels</p>
<p>17</p> <p>Waffle Diced Pears</p> <p>Hamburger Baked Beans Mandarin Oranges WG Hamburger Bun</p> <p>String Cheese Wheat Crackers</p>	<p>18</p> <p>French Toast Mandarin Oranges</p> <p>Chicken Nuggets Fries Pineapples WG Wheat Bread</p> <p>Unsweetened Juice Cheez it</p>	<p>19</p> <p>Pancake Mixed Fruit</p> <p>Steak Umm Peas Diced Peaches WG Hotdog Bun</p> <p>Diced Pears Animal Cookies</p>	<p>20</p> <p>WG Cereal Peaches</p> <p>Turkey Meatballs Green Beans Diced Pears Spaghetti</p> <p>Unsweetened Juice Goldfish</p>	<p>21</p> <p>English Muffins Warm Apples</p> <p>Fish Lima Beans Mandarin Oranges WG Wheat Bread</p> <p>Mixed Fruit Graham Crackers</p>
<p>24</p> <p>French Toast Sticks Mixed Fruit</p> <p>Chicken Tenders Smiley Fries Peaches WG Wheat Bread</p> <p>Applesauce Club Crackers</p>	<p>25</p> <p>Biscuit Warm Apples Slices</p> <p>Fish Wedge Carrots Pineapples WG Wheat Bread</p> <p>Unsweetened Juice Pretzel Twist</p>	<p>26</p> <p>WG Cereal Peaches</p> <p>Turkey Meatballs Corn Mandarin Oranges Spaghetti</p> <p>Diced Peaches Sun Chips</p>	<p>27</p> <p>Waffles Diced Pears</p> <p>Salisbury Steak Greens Mixed Fruit WG Wheat Bread</p> <p>Unsweetened Juice Cheez it</p>	<p>28</p> <p>Oatmeal Peaches</p> <p>Chicken Fajita Peas Diced Peaches Wheat Wrap</p> <p>Yogurt Graham Crackers</p>
<p>31</p> <p>WG Cereal Diced Peaches</p> <p>Diced Chicken Broccoli Pineapples</p> <p>Diced Pears Pretzel Twist</p>	<p align="center">Notes:</p> <p align="center">MILK IS SERVED DAILY</p> <p align="center">Children 12 – 24 months Whole Vitamin D Milk Children over 24 months 1% Low-fat Milk</p> <p align="center">Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix</p> <p align="center">THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU</p>			