

EHS/HS

SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
MILK IS SERVED DAILY				
Children 12 – 24 months Whole Vitamin D Milk Children over 24 months 1% Low-fat Milk Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU				
5	6	7	8	9
	French Toast Sticks Pineapples WG Cheese Pizza Peas Pears Unsweetened Juice Cheez it	Pancake Diced Pears Turkey Green Beans Mandarin Oranges WG Wheat Bread Applesauce Graham Crackers	Cereal Mandarin Oranges Hamburger Baked Beans Pineapples WG Hamburger Bun Unsweetened Juice Ritz Crackers 	Waffle Warm Apples Fish Carrots Mixed Fruit WG Wheat Bread Peaches Sun Chips
12	13	14	15	16
Buttermilk Biscuit Warm Apples Slices Salisbury Steak Green Beans Peaches Noodles Unsweetened Juice Goldfish	Oatmeal Peaches Chicken Patty Corn Mandarin Oranges WG Wheat Bread Yogurt Graham Crackers	French Toast Sticks Diced Pears Diced Chicken Broccoli Peaches Rice Mixed Fruit Wheat Crackers	Cereal Mixed Fruit Turkey Meatballs Carrots Peas Hot Dog Bun Applesauce Cheez it	Bagel Pineapples Chicken Steak Greens Mandarin Oranges Hot Dog Bun Unsweetened Juice Pretzels
19	20	21	22	23
Waffle Diced Pears Hamburger Baked Beans Mandarin Oranges WG Hamburger Bun String Cheese Wheat Crackers	French Toast Mandarin Oranges Chicken Nuggets Fries Pineapples WG Wheat Bread Unsweetened Juice Cheez it	Pancake Mixed Fruit Steak Umm Peas Peaches WG Hotdog Bun Diced Pears Animal Cookies	WG Cereal Peaches Turkey Meatballs Green Beans Diced Pears Spaghetti Unsweetened Juice Goldfish 	English Muffins Peaches Fish Lima Beans Mandarin Oranges WG Wheat Bread Mixed Fruit Graham Crackers
26	27	28	29	30
French Toast Sticks Mixed Fruit Chicken Tenders Smiley Fries Peaches WG Wheat Bread Applesauce Club Crackers	Biscuit Warm Apples Slices Fish Wedge Carrots Pineapples WG Wheat Bread Unsweetened Juice Pretzels	 WG Cereal Peaches WG Cheese Pizza Corn Mandarin Oranges Peaches Sun Chips	Waffles Diced Pears Salisbury Steak Greens Mixed Fruit WG Wheat Bread Unsweetened Juice Cheez it	Oatmeal Peaches Chicken Fajita Peas Diced Peaches Wheat Wrap Yogurt Graham Crackers



This institution is an equal opportunity provider and employer

Notes:

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