



ADS/SHADY PINES

FEBRUARY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<p style="text-align: right;">1</p> <p>English Muffins Mandarin Oranges</p> <p>Salisbury Steak Mashed Potatoes Diced Pears WG Wheat Bread</p> <p>Yogurt Graham Crackers</p>	<p style="text-align: right;">2</p> <p>WG Cereal Diced Pears</p> <p>Turkey Meatballs Green Beans Peaches Spaghetti Noodles</p> <p>Unsweetened Juice Cheez it</p>	<p style="text-align: right;">3</p> <p>Waffle Pineapples</p> <p>Hamburger Fries Mixed Fruit WG Hamburger Bun</p> <p>Applesauce Ritz Crackers</p>
<p style="text-align: right;">6</p> <p>Pancake Diced Pears</p> <p>Beef Steak Patty Mashed Potatoes Peaches WG Wheat Bread</p> <p>Applesauce Wheat Crackers</p>	<p style="text-align: right;">7</p> <p>Biscuit Warm Apples Slices Egg Patty</p> <p>Chicken Nuggets Carrots Mixed Fruit WG Wheat Bread</p> <p>Unsweetened Juice Goldfish</p>	<p style="text-align: right;">8</p> <p>Bagel Mixed Fruit</p> <p>Fish Lima Beans Mandarin Oranges WG Wheat Bread</p> <p>Peaches Ritz Crackers</p>	<p style="text-align: right;">9</p> <p>WG Cereal Peaches</p> <p>Diced Chicken Peas Noodles Diced Pears</p> <p>Unsweetened Juice Sun Chips</p>	<p style="text-align: right;">10</p> <p>Waffle Mandarin Oranges</p> <p>Tuna Fish Green Beans Pineapples WG Wheat Crackers</p> <p>Mixed Fruit Cheese Crackers</p>
<p style="text-align: right;">13</p> <p>Wheat Bread Warm Apples Egg Patty</p> <p>Chicken Patty Broccoli Mixed Fruit WG Wheat Bread</p> <p>Diced Pears Cheez it</p>	<p style="text-align: right;">14</p> <p>Oatmeal Peaches</p> <p>Salisbury Steak Carrots Pineapples WG Wheat Bread</p> <p>Unsweetened Juice Pretzel Twist</p>	<p style="text-align: right;">15</p> <p>English Muffin Applesauce</p> <p>Diced Chicken Mix Vegetables Mandarin Oranges Biscuits</p> <p>Peaches Animal Cookies</p>	<p style="text-align: right;">16</p> <p>Cereal Mixed Fruit</p> <p>Fish Lima Beans Pears WG Wheat Bread</p> <p>Unsweetened Juice Sun Chips</p>	<p style="text-align: right;">17</p> <p>French Toast Sticks Warm Apples</p> <p>Turkey Meatballs Peas Peaches WG Hot Dog Bun</p> <p>Yogurt Cheez its</p>
<p style="text-align: right;">20</p> <p>Waffle Pears</p> <p>Beef Patty Vegetarian Beans Mandarin Oranges WG Hamburger Roll</p> <p>Unsweetened Juice Pretzel Twist</p>	<p style="text-align: right;">21</p> <p>Cereal Diced Peaches</p> <p>Turkey Meatballs Green Beans Mixed Fruit Spaghetti</p> <p>Diced Pears Goldfish</p>	<p style="text-align: right;">22</p> <p>Bagel Mandarin Oranges</p> <p>Chicken Nuggets Broccoli Peaches WG Wheat Bread</p> <p>Unsweetened Juice Ritz Crackers</p>	<p style="text-align: right;">23</p> <p>Pancakes Warm Apples</p> <p>Salisbury Steaks Peas Diced Peaches Egg Noodles</p> <p>Yogurt Graham Crackers</p>	<p style="text-align: right;">24</p> <p>Biscuits Mixed Fruit</p> <p>Chicken Tenders Carrots Pears WG Wheat Bread</p> <p>Applesauce Cheese Crackers</p>
<p style="text-align: right;">27</p> <p>Warm Apples French Toast Stick</p> <p>Fish Greens Pineapples WG Wheat Bread</p> <p>Unsweetened Juice Pretzel Twist</p>	<p style="text-align: right;">28</p> <p>Oatmeal Diced Peaches</p> <p>Chicken Patty Peas Mandarin Oranges WG Wheat Bread</p> <p>Mixed Fruit Sun Chips</p>	<p style="text-align: center;">Notes:</p> <p style="text-align: center;"><u>Milk is Served Daily (Breakfast & Lunch)</u></p> <p style="text-align: center;">ADULTS = 1% Low-fat Milk</p> <p style="text-align: center;">Cold Cereal= Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex,</p> <p style="text-align: center;">THIS IS A PEANUT/PEANUT PRODUCT FREE & PORK/PORK PRODUCT FREE MENU</p>		