

This institution is an equal opportunity provider and employer



## ADS/SHADY PINES

## **SEPTEMBER**

Monday	Tuesday	Wednesday	Thursday	Friday
Children 12 – 23 month Children over 24 mo Cold Cereal = Cheerios, O Corn Chex, W THIS IS A PEANUT/PEAN	RVED DAILY ns Whole Vitamin D Milk nths 1% Low-fat Milk Corn Flakes, Rice Krispies, /heat Chex, Kix NUT PRODUCT FREE AND DUCT FREE MENU	September 15 – Oct 15	NATIONAL DAY 12 <sup>TH</sup> Taco Day 18 <sup>TH</sup> Cheeseburger Day 20 <sup>th</sup> String Cheese Day 25 <sup>th</sup> Food Service Worker Day	1 Biscuits Egg Patty Applesauce Fajita Green Beans Peaches Soft Taco Unsweetened Juice Ritz Crackers
$\begin{array}{c} 4 \\ & & & & & & & & \\ & & & & & & & & \\ \hline \\ \textbf{LABOR DAY} \\ & & & & & & & \\ & & & & & & & \\ & & & & & & & \\ & & & & & & & \\ & & & & & & & & \\ & & & & & & & & \\ & & & & & & & & \\ & & & & & & & & \\ \end{array}$	5	6	7	8
	Cereal	Pancake	French Toast Sticks	Waffle
	Peaches	Diced Pears	Mandarin Oranges	Warm Apples
	Roast Beef	Open Face Turkey	Hamburger	Fish
	Green Beans	Peas	Veg. Baked Beans	Carrots
	Pineapples	Mandarin Oranges	Pineapples	Mixed Fruit
	WG Wheat Bread	WG Wheat Bread	WG Hamburger Bun	WG Wheat Bread
	Unsweetened Juice	Applesauce	Unsweetened Juice	Peaches
	Cheez it	Graham Crackers	Ritz Crackers	Sun Chips
11	12	13	14	te
WG English Muffins	Oatmeal	Raisin Bread	Corn Muffin	WG Bagel
Applesauce	Peaches	Diced Pears	Mixed Fruit	Pineapples
Salisbury Steak	Taco Meat	Chicken Patty	Turkey Meatballs	Chicken Steak
Greens	Peas	Broccoli	Green Beans	Fries
Mandarin Oranges	Pineapples	Peaches	Pears	Mandarin Oranges
Rice	WG Tortilla Wrap	WG Wheat Bread	WG Spaghetti	Hot Dog Bun
Unsweetened Juice	Yogurt	Mixed Fruit	Applesauce	Unsweetened Juice
Goldfish	Graham Crackers	Wheat Crackers	Cheez it	Pretzels
18 Waffle Diced Pears Cheeseburger Lima Beans Mandarin Oranges WG Hamburger Bun Applesauce Wheat Crackers	19 WG Cereal Peaches Chicken Nuggets Fries Peaches WG Wheat Bread Unsweetened Juice Cheez it	20 Buttermilk Biscuit Warm Apples Slices Egg Patty Fish Peas Pineapples WG Hotdog Bun String Cheese Animal Cookies	21 Pancake Mixed Fruit Meatloaf Green Beans Mashed Potatoes WG Wheat Bread Unsweetened Juice Goldfish	22 French Toast Sticks Pineapples Tuna Fish Broccoli Mandarin Oranges WG Wheat Bread Mixed Fruit Graham Crackers
25	26	27	28	29
Corn Muffin	Bagel	WG Cereal	Waffle	English Muffins
Mixed Fruit	Warm Apples Slices	Peaches	Diced Pears	Applesauce
Chicken Tenders	Turkey Meatballs	Roast Beef	Salisbury Steak	Chicken Fajita
Smiley Fries	Greens	Corn	Carrots	Peas
Peaches	Pineapples	Mandarin Oranges	Mixed Fruit	Diced Peaches
WG Wheat Bread	WH Hot Dog Bun	WG Wheat Bread	WG Wheat Bread	WG Wheat Wrap
Applesauce	Unsweetened Juice	Applesauce	Unsweetened Juice	Yogurt
Club Crackers	Pretzels	Sun Chips	Cheez it	Graham Crackers