

This institution is an equal opportunity provider and employer



EHS/HS

SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
MILK IS SERVED DAILY Children 12 – 23 months Whole Vitamin D Milk Children over 24 months 1% Low-fat Milk Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU		September 15 – Oct 15	NATIONAL DAY 12 TH Taco Day 18 TH Cheeseburger Day 20 th String Cheese Day 25 th Food Service Worker Day	back to School
$\begin{array}{c} \mathbf{A} \\ $	5 Cereal Peaches WG Cheese Pizza Green Beans Pineapples Unsweetened Juice Cheez it	6 Pancake Diced Pears Open Face Turkey Peas Mandarin Oranges WG Wheat Bread Applesauce Graham Crackers	7 French Toast Sticks Mandarin Oranges Hamburger Veg. Baked Beans Pineapples WG Hamburger Bun Unsweetened Juice Ritz Crackers	8 Waffle Warm Apples Fish Carrots Mixed Fruit WG Wheat Bread Peaches Sun Chips
11 WG English Muffins Applesauce Salisbury Steak Greens Mandarin Oranges Rice Unsweetened Juice Goldfish	12 Oatmeal Peaches Taco Meat Peas Pineapples WG Tortilla Wrap Yogurt Graham Crackers	13 Raisin Bread Diced Pears Chicken Patty Broccoli Peaches WG Wheat Bread Mixed Fruit Wheat Crackers	14 Corn Muffin Mixed Fruit Turkey Meatballs Green Beans Pears WG Spaghetti Applesauce Cheez it	15 WG Bagel Pineapples Chicken Steak Fries Mandarin Oranges Hot Dog Bun Unsweetened Juice Pretzels
18 Waffle Diced Pears Cheeseburger Lima Beans Mandarin Oranges WG Hamburger Bun Applesauce Wheat Crackers	19 WG Cereal Peaches Chicken Nuggets Fries Peaches WG Wheat Bread Unsweetened Juice Cheez it	20 Buttermilk Biscuit Warm Apples Slices Egg Patty Fish Peas Pineapples WG Hotdog Bun String Cheese Animal Cookies	21 Pancake Mixed Fruit Meatloaf Green Beans Mashed Potatoes WG Wheat Bread Unsweetened Juice Goldfish	22 French Toast Sticks Pineapples Tuna Fish Broccoli Mandarin Oranges WG Wheat Bread Mixed Fruit Graham Crackers
25 Corn Muffin Mixed Fruit Chicken Tenders Smiley Fries Peaches WG Wheat Bread Applesauce Club Crackers	26 Bagel Warm Apples Slices Turkey Meatballs Greens Pineapples WH Hot Dog Bun Unsweetened Juice Pretzels	27 WG Cereal Peaches WG Cheese Pizza Corn Mandarin Oranges Applesauce Sun Chips	28 Waffle Diced Pears Salisbury Steak Carrots Mixed Fruit WG Wheat Bread Unsweetened Juice Cheez it	29 English Muffins Applesauce Chicken Fajita Peas Diced Peaches WG Wheat Wrap Yogurt Graham Crackers



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