

This institution is an equal opportunity provider



**HEAD START/EHS**

2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><b>CLOSED</b></p> 	<p>2</p> <p><b>CLOSED</b></p> <p><b>STAFF</b></p> <p><b>TRAINING</b></p> 	<p>3</p> <p>WG Pancakes Mixed Fruit</p> <p>Turkey Meatballs Peas Mandarin Oranges Spaghetti</p> <p>Unsweetened Juice Sun Chips</p>	<p>4</p> <p>WG Cereal Peaches</p> <p>Beef Taco Green Beans Diced Peas Taco Shell</p> <p>Mixed Fruit Wheat Crackers</p>	<p>5</p> <p>Bagel Diced Peas</p> <p>Chicken Nuggets Tator Tots Peaches WG Wheat Bread</p> <p>Applesauce Graham Crackers</p>
<p>8</p> <p>Pancakes Warm Apples</p> <p>Meatloaf Broccoli Mashed Potatoes WG Wheat Bread</p> <p>Mixed Fruit Goldfish</p>	<p>9</p> <p>English Muffin Pears</p> <p>Turkey Sweet potatoes Pineapples WG Wheat Bread</p> <p>Yogurt Graham Crackers</p>	<p>10</p> <p>WG Cereal Mixed Fruit</p> <p>Chicken Tenders Peas Mandarin Oranges WG Wheat Bread</p> <p>Unsweetened Juice Cheez it</p>	<p>11</p> <p>Waffle Peaches</p> <p>Fish Carrots Mixed Fruit WG Wheat Bread</p> <p>Applesauce Pretzel Twist</p>	<p>12</p> <p>Corn Muffins Applesauce</p> <p>Chicken Fajita Green Beans Peaches WG Soft Taco</p> <p>Unsweetened Juice Ritz Crackers</p>
<p>15</p> <p>Cereal Diced Peaches</p> <p>Beef Steak Sub Fries Mandarin Oranges WG Hot Dog Bun</p> <p>Mixed Fruit Wheat Crackers</p>	<p>16</p> <p>Waffle Diced Peas</p> <p>BBQ Chicken Greens Pineapples WG Wheat Bread</p> <p>Unsweetened Juice Goldfish</p>	<p>17</p> <p>Pancakes Mandarin Oranges</p> <p>WG Pizza Green Beans Peaches</p> <p>Applesauce Animal Cookies</p>	<p>18</p> <p>Bagel Mixed Fruit</p> <p>Chicken Patty Broccoli Diced Peas WG Wheat Bread</p> <p>Unsweetened Juice Sun Chips</p>	<p>19</p> <p>French Toast Apple Sauce</p> <p>Hamburger Veg Baked Beans Peaches WG Hamburger Bun</p> <p>Pears Cheez it</p>
<p>22</p> <p>WG Biscuits Mixed Fruit</p> <p>Salisbury steak Brussel Sprouts Mandarin Oranges Noodles</p> <p>Unsweetened Juice Ritz Crackers</p>	<p>23</p> <p>Cereal Diced Peaches</p> <p>Chicken Tender Green Beans Pears WG Wheat Bread</p> <p>Applesauce Cheez it</p>	<p>24</p> <p>French Toast Pears</p> <p>Fish Lima Beans Pineapples WG Wheat Bread</p> <p>Yogurt Graham Crackers</p>	<p>25</p> <p>WG Pancakes Mandarin Oranges</p> <p>Diced Chicken Peas Peaches Rice</p> <p>Pears Animal Cookies</p>	<p>26</p> <p>English Muffin Warm Apples</p> <p>Tuna Salad Carrots Peaches WG Wheat Crackers</p> <p>Unsweetened Juice Goldfish</p>
<p>29</p> <p>French Toast Warm Apples</p> <p>Fish Greens Mixed Fruit WG Wheat Bread</p> <p>Unsweetened Juice Pretzel Twist</p>	<p>30</p> <p>WG Cereal Mandarin Oranges</p> <p>Hamburger Veg Baked Beans Pineapples WG Hamburger Bun</p> <p>Diced Peas Goldfish</p>	<p><b>Notes:</b></p> <p><b>MILK IS SERVED DAILY</b></p> <p>Children 12 – 23 months- Whole Vitamin D Milk Children over 24 months - 1% Low-fat Milk</p> <p>Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix</p> <p><b>THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU</b></p>		