

This institution is an equal opportunity provider



## ADS/SHADY PINES

Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Warm Apples	WG Cereal Mandarin Oranges	3 WG Pancakes Mixed Fruit	4 WG Cereal Peaches	Bagel Diced Pears
Fish Greens Mixed Fruit WG Wheat Bread	Hamburger Veg Baked Beans Pineapples WG Hamburger Bun	Turkey Meatballs Peas Mandarin Oranges Spaghetti	Beef Taco Green Beans Diced Pears Taco Shell	Chicken Nuggets Tator Tots Peaches WG Wheat Bread
Unsweetened Juice Pretzel Twist	Diced Pears Goldfish	Unsweetened Juice Sun Chips	Mixed Fruit Wheat Crackers	Applesauce Graham Crackers
8 Pancakes Warm Apples	9 English Muffin Pears	WG Cereal Mixed Fruit	Waffle Peaches	12 Corn Muffins Applesauce
Meatloaf Broccoli Mashed Potatoes WG Wheat Bread Mixed Fruit Goldfish	Turkey Sweet potatoes Pineapples WG Wheat Bread Yogurt Graham Crackers	Chicken Tenders Peas Mandarin Oranges WG Wheat Bread Unsweetened Juice Cheez it	Fish Carrots Mixed Fruit WG Wheat Bread Applesauce Pretzel Twist	Chicken Fajita Green Beans Peaches WG Soft Taco Unsweetened Juice Ritz Crackers
Cereal Diced Peaches	Waffle Diced Pears	Pancakes Mandarin Oranges	Bagel Mixed Fruit	1º French Toast Apple Sauce
Beef Steak Sub Fries Mandarin Oranges WG Hot Dog Bun	BBQ Chicken Greens Pineapples WG Wheat Bread	WG Pizza Green Beans Peaches	Chicken Patty Broccoli Diced Pears WG Wheat Bread	Hamburger Veg Baked Beans Peaches WG Hamburger Bun
Mixed Fruit Wheat Crackers	Unsweetened Juice Goldfish	Applesauce Animal Cookies	Unsweetened Juice Sun Chips	Pears Cheez it
WG Biscuits Mixed Fruit  Salisbury steak Brussel Sprouts Mandarin Oranges	Cereal Diced Peaches  Chicken Tender Green Beans Pears	French Toast Pears Fish Lima Beans	WG Pancakes Mandarin Oranges  Diced Chicken Peas	English Muffin Warm Apples Tuna Salad Carrots
Noodles Unsweetened Juice Ritz Crackers	WG Wheat Bread  Applesauce Cheez it	Pineapples WG Wheat Bread Yogurt Graham Crackers	Peaches Rice Pears Animal Cookies	Peaches WG Wheat Crackers Unsweetened Juice Goldfish
29 French Toast Warm Apples	30 WG Cereal Mandarin Oranges	Notes:  Milk is Served Daily (Breakfast & Lunch)		
Fish Greens Mixed Fruit WG Wheat Bread Unsweetened Juice	Hamburger Veg Baked Beans Pineapples WG Hamburger Bun Diced Pears	ADULTS = 1% Low-fat Milk WG Cold Cereal= Cheerios, Rice Krispies, Corn Chex, Wheat Chex, THIS IS A PEANUT/PEANUT PRODUCT FREE & PORK/PORK PRODUCT		
Pretzel Twist	Goldfish		FREE MENU	