

## ADULT DAY SERVICES

APRIL 2025

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
|  | 1<br>Oatmeal<br>Diced Peaches<br><br>Fish<br>Peas<br>Mandarin Oranges<br>Whole Wheat Bread<br><br>Mixed Fruit<br>Sun Chips                       | 2<br>English Muffin<br>Warm Sliced Apples<br><br>Salisbury Steaks<br>Mashed Potatoes<br>Diced Pears<br>Whole Wheat Bread<br><br>Unsweetened Juice<br>Goldfish  | 3<br>WG Cold Cereal<br>Diced Pears<br><br>Turkey Meatballs<br>Green Beans<br>Diced Peaches<br>Spaghetti Noodles<br><br>Unsweetened Juice<br>Cheez-it Crackers | 4<br>Waffle<br>Pineapples<br><br>Hamburger<br>Fries<br>Mixed Fruit<br>Hamburger Bun<br><br>Apple Slices<br>Mozzarella Stick              |
| 7<br>Pancake<br>Diced Pears<br><br>Beef Steak Patty<br>Mashed Potatoes<br>Peaches<br>Hot Dog Bun<br><br>Applesauce<br>Chex Mix                         | 8<br>1 Boiled Egg<br>Orange<br>Whole Wheat Bread<br><br>Chicken Nuggets<br>Broccoli<br>Mixed Fruit<br><br>Yogurt<br>Graham Crackers              | 9<br>Bagel<br>Mixed Fruit<br><br>Fish<br>Lima Beans<br>Mandarin Orange<br>Whole Wheat Bread<br><br>Peaches<br>Ritz Crackers                                    | 10<br>WG Cold Cereal<br>Peaches<br><br>Diced Chicken<br>Mixed Vegetables<br>Diced Pears<br>Biscuit<br><br>Unsweetened Juice<br>Nacho Chips                    | 11<br>Waffle<br>Mandarin Oranges<br><br>Tuna Fish<br>Green Beans<br>Pineapples<br>Wheat Crackers<br><br>Mixed Fruit<br>Rice Cake Snacks  |
| 14<br>1 Egg Patty<br>Pineapples<br>Raisin Bread<br><br>Chicken Tenders<br>Broccoli<br>Mixed Fruit<br>Whole Wheat Bread<br><br>Diced Pears<br>Cheez-its | 15<br>Waffle<br>Diced Peaches<br><br>Meatloaf<br>Carrots<br>Diced Pears<br>Whole Wheat Bread<br><br>Unsweetened Juice<br>Pretzel Twists          | 16<br>English Muffin<br>Applesauce<br><br>Grilled Chicken<br>Corn<br>Mandarin Oranges<br>Dinner Roll<br><br>Diced Peaches<br>Animal Cookies                    | 17<br>Cold Cereal<br>Mixed Fruit<br><br>Fish<br>Lima Beans<br>Diced Pears<br>Whole Wheat Bread<br><br>Unsweetened Juice<br>Baby Carrots                       | 18<br><br><br><br><b>CLOSED</b><br><br><b>GOOD FRIDAY</b>  |
| 21<br>Cold Cereal<br>Diced Peaches<br><br>Chicken Patty<br>Corn<br>Pineapples<br>WG Hamburger Bun<br><br>Unsweetened Juice<br>Sun Chips                | 22<br>French Toast Sticks<br>Orange<br><br>Grilled Chicken<br>Fajita Vegetables<br>Diced Pears<br>WG Soft Taco<br><br>Mixed Fruit<br>Nacho Chips | 23<br>Biscuit<br>Warm Sliced Apples<br><br>Chicken Nuggets<br>Broccoli<br>Peaches<br>Whole Wheat Bread<br><br>Unsweetened Juice<br>Wheat Crackers              | 24<br>Pancake<br>Mixed Fruit<br><br>Salisbury Steaks<br>Peas<br>Pineapples<br>Egg Noodles<br><br>Yogurt<br>Graham Crackers                                    | 25<br>Bagel<br>Mandarin Oranges<br><br>Sliced Turkey<br>Sweet Potatoes<br>Diced Pears<br>Whole Wheat Bread<br><br>Applesauce<br>Chex Mix |
| 28<br>French Toast Sticks<br>Applesauce<br><br>Grilled Chicken<br>Greens<br>Pineapples<br>Whole Wheat Bread<br><br>Unsweetened Juice<br>Pretzel Twists | 29<br>Oatmeal<br>Diced Peaches<br><br>Fish<br>Peas<br>Mandarin Oranges<br>Whole Wheat Bread<br><br>Mixed Fruit<br>Sun Chips                      | 30<br>English Muffin<br>Warm Sliced Apples<br><br>Salisbury Steaks<br>Mashed Potatoes<br>Diced Pears<br>Whole Wheat Bread<br><br>Unsweetened Juice<br>Goldfish | <b>Notes:</b><br><br>1% Milk served with Breakfast and Lunch  |  |