

Adult Day Services

JULY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cold Cereal Mandarin Oranges Turkey Meatballs Peas Pineapples Egg Noodles Yogurt Graham Crackers	2 Waffle Warm Apple Slices Beef Steak Shredded Cheese Green Beans Diced Peaches WG Hot Dog Bun Diced Pears Sun Chips	3 WG Cold Cereal Diced Peaches Diced Chicken Broccoli Mandarin Oranges Rice Unsweetened Juice Wheat Crackers	4 HOLIDAY JULY 4TH
7 Pancake Applesauce Salisbury Steak Broccoli Peaches Egg Noodles Sliced Apples Chex Mix	8 French Toast Sticks Banana Fish Lima Beans Mixed Fruit Whole Wheat Bread Yogurt Graham Crackers	9 WG Cold Cereal Mixed Fruit Hamburger Vegetarian Baked Beans Diced Peaches WG Hamburger Bun Unsweetened Juice Cheez-its	10 English Muffin Warm Apple Slices Sliced Turkey Sweet Potatoes Fries Pineapples Whole Wheat Bread Applesauce Animal Crackers	11 Cold Cereal Diced Pears Tuna Fish Peas Diced Peaches Wheat Crackers Unsweetened Juice Rice Cake Snacks
14 Cold Cereal Mandarin Oranges Meatloaf Carrots Mixed Fruit WG Bread Unsweetened Juice Baby Carrots	15 English Muffin Applesauce Fajita Chicken Green Beans Diced Peaches WG Soft Taco Unsweetened Juice Goldfish	16 Waffle Warm Apple Slices Fish Mixed Vegetables Mandarin Oranges WG Hamburger Bun Diced Peaches Animal Cookies	17 Cup Cold Cereal Diced Peaches Chicken Patty Peas Diced Pears Whole Wheat Bread Unsweetened Juice Sun Chips	18 Pancake Mixed Fruit Grilled Chicken Broccoli Mandarin Oranges WG Dinner Roll Diced Pears Cheez-its
21 Bagel Applesauce Sliced Turkey Carrots Diced Pears Unsweetened Juice Crackers	22 Cold Cereal Diced Peaches Chicken Tenders Peas Mandarin Oranges WG Bread Mixed Fruit Cheez-its	23 French Toast Sticks Diced Pears Pizza Broccoli Diced Peaches Unsweetened Juice Wheat Crackers	24 Pancake Mixed Fruit Salisbury Steaks Brussel Sprouts Pineapples Egg Noodles Diced Pears Animal Crackers	25 WG Biscuit Warm Sliced Apples Chicken Salad Green Beans Fresh Watermelon WG Wheat Crackers Unsweetened Juice Chex Mix
28 Muffin Mixed Fruit Chicken Nuggets Tator Tots Applesauce WG Hamburger Bun Pretzel Twists Diced Peaches	29 Cold Cereal Mandarin Oranges Turkey Meatballs Peas Pineapples Egg Noodles Yogurt Graham Crackers	30 Waffle Warm Apple Slices Beef Steak Shredded Cheese Green Beans Diced Peaches WG Hot Dog Bun Diced Pears Sun Chips	31 WG Cold Cereal Diced Peaches Diced Chicken Broccoli Mandarin Oranges Rice Unsweetened Juice Wheat Crackers	