

*EHS/HS*

*JULY 2025*

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cold Cereal Mandarin Oranges  Turkey Meatballs Peas Pineapples Egg Noodles  Yogurt Graham Crackers	2 Waffle Warm Apple Slices  Beef Steak Shredded Cheese Green Beans Diced Peaches WG Hot Dog Bun  Diced Pears Sun Chips	3 WG Cold Cereal Diced Peaches  Diced Chicken Broccoli Mandarin Oranges Rice  Unsweetened Juice Wheat Crackers	4 <b>HOLIDAY</b>  <b>JULY 4TH</b>
7 Pancake Applesauce  Salisbury Steak Broccoli Peaches Egg Noodles  Sliced Apples Chex Mix	8 French Toast Sticks Banana  Fish Lima Beans Mixed Fruit Whole Wheat Bread  Yogurt Graham Crackers	9 WG Cold Cereal Mixed Fruit  Hamburger Vegetarian Baked Beans Diced Peaches WG Hamburger Bun  Unsweetened Juice Cheez-its	10 English Muffin Warm Apple Slices  Sliced Turkey Sweet Potatoes Fries Pineapples Whole Wheat Bread  Applesauce Animal Crackers	11 Cold Cereal Diced Pears  Tuna Fish Peas Diced Peaches Wheat Crackers  Unsweetened Juice Rice Cake Snacks
14 Cold Cereal Mandarin Oranges  Meatloaf Carrots Mixed Fruit WG Bread  Unsweetened Juice Baby Carrots	15 English Muffin Applesauce  Fajita Chicken Green Beans Diced Peaches WG Soft Taco  Unsweetened Juice Goldfish	16 Waffle Warm Apple Slices  Fish Mixed Vegetables Mandarin Oranges WG Hamburger Bun  Diced Peaches Animal Cookies	17 Cup Cold Cereal Diced Peaches  Chicken Patty Peas Diced Pears Whole Wheat Bread  Unsweetened Juice Sun Chips	18 Pancake Mixed Fruit  Grilled Chicken Broccoli Mandarin Oranges WG Dinner Roll  Diced Pears Cheez-its
21 Bagel Applesauce  Sliced Turkey Carrots Diced Pears  Unsweetened Juice Crackers	22 Cold Cereal Diced Peaches  Chicken Tenders Peas Mandarin Oranges WG Bread  Mixed Fruit Cheez-its	23 French Toast Sticks Diced Pears  Pizza Broccoli Diced Peaches  Unsweetened Juice Wheat Crackers	24 Pancake Mixed Fruit  Salisbury Steaks Brussel Sprouts Pineapples Egg Noodles  Diced Pears Animal Crackers	25 WG Biscuit Warm Sliced Apples  Chicken Salad Green Beans Fresh Watermelon WG Wheat Crackers  Unsweetened Juice Chex Mix
28 Muffin Mixed Fruit  Chicken Nuggets Tator Tots Applesauce WG Hamburger Bun  Pretzel Twists Diced Peaches	29 Cold Cereal Mandarin Oranges  Turkey Meatballs Peas Pineapples Egg Noodles  Yogurt Graham Crackers	30 Waffle Warm Apple Slices  Beef Steak Shredded Cheese Green Beans Diced Peaches WG Hot Dog Bun  Diced Pears Sun Chips	31 WG Cold Cereal Diced Peaches  Diced Chicken Broccoli Mandarin Oranges Rice  Unsweetened Juice Wheat Crackers	