

ADS/SHADY PINES

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Closed	WG Cold Cereal Diced Peaches Hamburger Veg. Baked Beans Pineapples WG Hamburger Bun Unsweetened Juice Blueberry Muffin	Pancake Diced Pears Open Face Turkey Peas Mandarin Oranges WG Wheat Bread Applesauce Ritz Crackers	WG French Toast Mandarin Oranges Chicken Patty Greens Pineapples WG Wheat Bread Unsweetened Juice Cheez it	Waffle Warm Apples Fish Corn Mixed Fruit WG Wheat Bread Diced Peaches Sun Chips
WG English Muffins Applesauce Salisbury Steak Greens Mandarin Oranges Rice Yogurt Graham Crackers	Oatmeal Peaches Baked Fish Peas Pineapples Corn Bread Unsweetened Juice Tortilla Chips/Mild Salsa	Raisin Bread Diced Pears Chicken Tenders Broccoli Peaches WG Wheat Bread Unsweetened Juice Club Crackers	Corn Muffin Mixed Fruit Spaghetti & Meatballs Green Beans Diced Pears Applesauce Wheat Thins	WG Bagel Pineapples Chicken Steak Crinkle Fries Mandarin Oranges Hot Dog Bun Peaches Pretzels
Waffle Diced Pears Cheeseburger Carrots Mixed Fruit WG Hamburger Bun Applesauce Wheat Crackers	WG Cold Cereal Diced Peaches Swedish Meatballs Greens Mandarin Oranges Noodles Unsweetened Juice Ritz Bits	Buttermilk Biscuit Mixed Fruit Boiled egg Fish Sweet Potatoes Pineapples WG Wheat Bread String Cheese Animal Cookies	Pancake Warm Apples Slices Cheese Pizza Green Beans Diced Peaches Unsweetened Juice Goldfish	French Toast Pineapples Roast Beef Broccoli Mandarin Oranges WG Wheat Bread Hummus Pita Chips
Corn Muffin Mixed Fruit Chicken Tenders Crinkle Fries Diced Peaches WG Wheat Bread String Cheese Club Crackers	WG Cold Cereal Banana Soft Tacos Greens Pineapples Unsweetened Juice Soft Pretzels	WG Cereal Diced Peaches Turkey & Gravy Mashed Potatoes Broccoli WG Wheat Bread Applesauce Sun Chips	Waffle Warm Apples Salisbury Steak Carrots Mixed Fruit WG Wheat Bread Unsweetened Juice Rice Cakes	English Muffin Applesauce Diced Chicken Peas Mandarin Oranges Noodles Yogurt Graham Crackers
Grits Mixed Fruit Egg Patty BBQ Chicken Green Beans Diced Pears WG Wheat Bread Unsweetened Juice Goldfish	WG Cold Cereal Diced Peaches Hamburger Veg. Baked Beans Pineapples WG Hamburger Bun Unsweetened Juice Blueberry Muffin	Notes: Milk is Served Daily (Breakfast & Lunch) ADULTS = 1% Low-fat Milk WG Cold Cereal= Cheerios, Kix, Rice Krispies, Corn Chex, Wheat Chex, THIS IS A PEANUT/PEANUT PRODUCT FREE & PORK/PORK PRODUCT FREE MENU		