

## ADULT DAY SERVICES

OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Notes:</p> <p>1% Milk served with Breakfast and Lunch</p>		<p><sup>1</sup></p> <p>Pancake Diced Pears</p> <p>Open-faced Turkey Peas Mandarin Oranges Whole Wheat Bread</p> <p>Applesauce Ritz Crackers</p>	<p><sup>2</sup></p> <p>French Toast Mandarin Oranges</p> <p>Chicken Patty Greens Pineapples Whole Wheat Bread</p> <p>100% Fruit Juice Cheez-its</p>	<p><sup>3</sup></p> <p>Waffle Warm Apple Slices</p> <p>Fish Corn Mixed Fruit Whole Wheat Bread</p> <p>Diced Peaches Sun Chips</p>
<p><sup>6</sup></p> <p>English Muffin Applesauce</p> <p>Salisbury Steaks Greens Mandarin Oranges Rice Pilaf</p> <p>Low-fat Yogurt Graham Crackers</p>	<p><sup>7</sup></p> <p>Oatmeal Diced Peaches</p> <p>Baked Fish Peas Pineapples Cornbread</p> <p>100% Fruit Juice Tortilla Chips</p>	<p><sup>8</sup></p> <p>Raisin Bread Diced Pears</p> <p>Chicken Tenders Broccoli Diced Peaches Whole Wheat Bread</p> <p>100% Fruit Juice Club Crackers</p>	<p><sup>9</sup></p> <p>Corn Muffin Mixed Fruit</p> <p>Spaghetti &amp; Meatballs Green Beans Diced Pears</p> <p>Applesauce Wheat Crackers</p>	<p><sup>10</sup></p> <p>Bagel Pineapples</p> <p>Chicken Steaks Crinkle Fries Mandarin Oranges Hot Dog Bun</p> <p>Diced Peaches Pretzel Twists</p>
<p><sup>13</sup></p> <p>Waffle Diced Pears</p> <p>Cheeseburger Carrots Mixed Fruit WG Hamburger Bun</p> <p>Applesauce Wheat Crackers</p>	<p><sup>14</sup></p> <p>WG Cold Cereal Diced Peaches</p> <p>Swedish Meatballs Greens Mandarin Oranges Egg Noodles</p> <p>100% Fruit Juice Ritz Bits</p>	<p><sup>15</sup></p> <p>Buttermilk Biscuit Mixed Fruit Boiled Egg</p> <p>Fish Sweet Potatoes Pineapples WG Wheat Bread</p> <p>String Cheese Animal Cookies</p>	<p><sup>16</sup></p> <p>Pancake Warm Sliced Apples</p> <p>Cheese Pizza Green Beans Diced Peaches</p> <p>100% Fruit Juice Goldfish</p>	<p><sup>17</sup></p> <p>French Toast Pineapples</p> <p>Roast Beef Broccoli Mandarin Oranges Whole Wheat Bread</p> <p>Hummus Breadsticks/Pretzels</p>
<p><sup>20</sup></p> <p>Corn Muffin Mixed Fruit</p> <p>Chicken Tenders Crinkle Fries Diced Peaches Whole Wheat Bread</p> <p>String Cheese Club Crackers</p>	<p><sup>21</sup></p> <p>WG Cold Cereal Banana</p> <p>Soft Tacos Greens Pineapples</p> <p>100% Fruit Juice Soft Pretzel</p>	<p><sup>22</sup></p> <p>Bagel Diced Peaches</p> <p>Turkey &amp; Gravy Broccoli Mashed Potatoes Whole Wheat Bread</p> <p>Applesauce Sun Chips</p>	<p><sup>23</sup></p> <p>Waffle Warm Apple Slices</p> <p>Salisbury Steaks Carrots Mixed Fruit Whole Wheat Bread</p> <p>100% Fruit Juice Rice Cake Snacks</p>	<p><sup>24</sup></p> <p>English Muffin Applesauce</p> <p>Diced Chicken Peas Mandarin Orange Egg Noodles</p> <p>Low-fat Yogurt Graham Crackers</p>
<p><sup>27</sup></p> <p>Egg Patty Grits Mixed Fruit</p> <p>Grilled Chicken Green Beans Diced Pears Whole Wheat Bread</p> <p>100% Fruit Juice Goldfish</p>	<p><sup>28</sup></p> <p>Cold Cereal Diced Peaches</p> <p>Hamburger Baked Beans Pineapples WG Hamburger Bun</p> <p>Blueberry Muffin 100% Fruit Juice</p>	<p><sup>29</sup></p> <p>Pancake Diced Pears</p> <p>Open-faced Turkey Peas Mandarin Oranges Whole Wheat Bread</p> <p>Applesauce Ritz Crackers</p>	<p><sup>30</sup></p> <p>French Toast Mandarin Oranges</p> <p>Chicken Patty Greens Pineapples Whole Wheat Bread</p> <p>100% Fruit Juice Cheez-its</p>	<p><sup>31</sup></p> <p>Waffle Warm Apple Slices</p> <p>Fish Corn Mixed Fruit Whole Wheat Bread</p> <p>Diced Peaches Sun Chips</p>