

EHS/HS

OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Notes: MILK IS SERVED DAILY Children 12 – 23 months- Whole Vitamin D Milk Children over 24 months - 1% Low-fat Milk Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix 100% Juice - Grape, Orange, Apple, Fruit juice THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU		¹ Pancake Diced Pears Open-faced Turkey Peas Mandarin Oranges Whole Wheat Bread Applesauce Ritz Crackers	² French Toast Mandarin Oranges Chicken Patty Greens Pineapples Whole Wheat Bread 100% Fruit Juice Cheez-its	³ Waffle Warm Apple Slices Fish Corn Mixed Fruit Whole Wheat Bread Diced Peaches Sun Chips
⁶ English Muffin Applesauce Salisbury Steaks Greens Mandarin Oranges Rice Pilaf Yogurt Graham Crackers	⁷ Oatmeal Diced Peaches Baked Fish Peas Pineapples Cornbread 100% Fruit Juice Tortilla Chips	⁸ Raisin Bread Diced Pears Chicken Tenders Broccoli Diced Peaches Whole Wheat Bread 100% Fruit Juice Club Crackers	⁹ Corn Muffin Mixed Fruit Spaghetti & Meatballs Green Beans Diced Pears Applesauce Wheat Crackers	¹⁰ Bagel Pineapples Chicken Steaks Crinkle Fries Mandarin Oranges Hot Dog Bun Diced Peaches Pretzel Twists
¹³ Waffle Diced Pears Hamburger Carrots Mixed Fruit Hamburger Bun Applesauce Wheat Crackers	¹⁴ Cold Cereal Diced Peaches Turkey Meatballs Greens Mandarin Oranges Egg Noodles 100% Fruit Juice Ritz Bits	¹⁵ Buttermilk Biscuit Mixed Fruit Boiled Egg Fish Sweet Potatoes Pineapples Hot Dog Bun String Cheese Animal Cookies	¹⁶ Pancake Warm Sliced Apples Cheese Pizza Green Beans Diced Peaches 100% Fruit Juice Goldfish	¹⁷ <p style="text-align: center;">Closed for Professional Development</p>
²⁰ Corn Muffin Mixed Fruit Chicken Tenders Crinkle Fries Diced Peaches Whole Wheat Bread String Cheese Club Crackers	²¹ WG Cold Cereal Banana Soft Taco Greens Pineapples 100% Fruit Juice Soft Pretzel	²² Bagel Diced Peaches Turkey & Gravy Broccoli Mashed Potatoes Whole Wheat Bread Applesauce Sun Chips	²³ Waffle Warm Apple Slices Salisbury Steaks Carrots Mixed Fruit Whole Wheat Bread 100% Fruit Juice Rice Cake Snacks	²⁴ English Muffin Applesauce Diced Chicken Peas Mandarin Orange Egg Noodles Low-fat Yogurt Graham Crackers
²⁷ Egg Patty Grits Mixed Fruit Grilled Chicken Green Beans Diced Pears Whole Wheat Bread 100% Fruit Juice Goldfish	²⁸ Cold Cereal Diced Peaches Hamburger Baked Beans Pineapples Hamburger Bun Blueberry Muffin 100% Fruit Juice	²⁹ Pancake Diced Pears Sliced Turkey Peas Mandarin Oranges Whole Wheat Bread Applesauce Ritz Crackers	³⁰ French Toast Mandarin Oranges Chicken Patty Greens Pineapples Whole Wheat Bread 100% Fruit Juice Cheez-its	³¹ <p style="text-align: center;">Closed for Professional Development</p>