

Adult Medical Day Services

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG English Muffins Applesauce Salisbury Steak Greens Mandarin Oranges Rice Yogurt Graham Crackers	4 Oatmeal Peaches Baked Fish Peas Pineapples Corn Bread Unsweetened Juice Tortilla Chips/Mild Salsa	5 Raisin Bread Diced Peas Chicken Tenders Broccoli Diced Peaches WG Wheat Bread Unsweetened Juice Club Crackers	6 Corn Muffin Mixed Fruit Spaghetti & Meatballs Green Beans Diced Peas Applesauce Wheat Thins	7 WG Bagel Cream Cheese Pineapples Chicken Cheese Steak Crinkle Fries Mandarin Oranges Diced Peaches Pretzels
10 Waffle Diced Peas Cheeseburger Carrots Mixed Fruit WG Hamburger Bun Applesauce Wheat Crackers	11 WG Cold Cereal Diced Peaches Swedish Meatballs Greens Mandarin Oranges Noodles Unsweetened Juice Ritz Bits	12 Buttermilk Biscuit Mixed Fruit Boiled egg Fish Sweet Potatoes Pineapples WG Wheat Bread String Cheese Animal Cookies	13 Pancake Warm Apples Slices Cheese Pizza Green Beans Diced Peaches Unsweetened Juice Goldfish	14 French Toast Pineapples Roast Beef Broccoli Mandarin Oranges WG Wheat Bread Hummus Pita Chips
17 Corn Muffin Mixed Fruit Chicken Tenders Crinkle Fries Diced Peaches WG Wheat Bread Mozzarella Stick Club Crackers	18 WG Cold Cereal Banana Soft Tacos Greens Pineapples Unsweetened Juice Soft Pretzels	19 WG Cereal Diced Peaches Turkey & Gravy Mashed Potatoes Broccoli WG Wheat Bread Applesauce Sun Chips	20 Waffle Warm Apples Salisbury Steak Carrots Mixed Fruit WG Wheat Bread Unsweetened Juice Rice Cakes	21 English Muffin Applesauce Diced Chicken Peas Mandarin Oranges Noodles Yogurt Graham Crackers
24 Egg Patty Grits Mixed Fruit Grilled Chicken Green Beans Diced Peas Whole Wheat Bread 100% Fruit Juice Goldfish	25 Cold Cereal Diced Peaches Hamburger Baked Beans Pineapples Hamburger Bun Blueberry Muffin 100% Fruit Juice	26 Pancake Diced Peas Open-Faced Turkey Peas Mandarin Oranges WG Wheat Bread Applesauce Ritz Crackers	27 CLOSED 	28 CLOSED

THANKSGIVING HOLIDAY

Notes:

MILK IS SERVED DAILY

Children 12 – 23 months- Whole Vitamin D Milk

Children over 24 months - 1% Low-fat Milk

Cold Cereal = Cheerios, Corn Flakes, Rice Krispies,

Corn Chex, Wheat Chex, Kix

100% Juice - Grape, Orange, Apple, Fruit juice

THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU