

Adult Day Services

DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Sticks Diced Pears Fish Greens Pineapples Whole Wheat Bread 100% Unsweetened Juice Pretzel Twists	2 Oatmeal Diced Peaches Chicken Patty Peas Mixed Fruit Whole Wheat Bread Sun Chips Diced Pears	3 English Muffin Warm Sliced Apples Salisbury Steak Mashed Potatoes Mandarin Oranges Whole Wheat Bread Low-fat Yogurt Graham Crackers	4 Cold Cereal Diced Pears Spaghetti & Meatballs Green Beans Diced Peaches 100% Unsweetened Juice Cheez-its	5 Waffle Pineapples Cheeseburger Fries Mixed Fruit Hamburger Bun Applesauce Ritz Bits
8 Pancake Diced Pears Beef Steak & Gravy Mashed Potatoes Diced Peaches Whole Wheat Bread Applesauce Rice Cake Snacks	9 Boiled Egg Pineapples Whole Wheat Bread Chicken Nuggets Broccoli Mixed Fruit Dinner Roll 100% Unsweetened Juice Goldfish	10 Bagel Mixed Fruit Fish Lima Beans Mandarin Oranges Whole Wheat Bread Diced Peaches Ritz Crackers	11 Cold Cereal Mandarin Oranges Diced Chicken Diced Pears Mixed Vegetables 100% Unsweetened Juice Nacho Chips	12 Waffle Warm Sliced Apples Tuna Salad Green Beans Pineapples Wheat Bread Crackers Mixed Fruit Mozzarella Stick
15 Egg Patty Raisin Bread Chicken Tenders Broccoli Mixed Fruit Whole Wheat Bread Diced Pears Cheez-its	16 Waffle Diced Peaches Meatloaf Carrots Diced Pears Whole Wheat Bread 100% Fruit Juice Pretzels	17 English Muffin Applesauce Grilled Chicken Corn Mandarin Oranges Dinner Roll Diced Peaches Animal Crackers	18 Cold Cereal Mixed Fruit Fish Lima Beans Diced Pears Whole Wheat Bread 100% Fruit Juice Blueberry Muffin	19 French Toast Sticks Warm Sliced Apples Turkey Meatballs Peas Pineapples WG Hot Dog Bun Mixed Fruit Sun Chips
22 Oatmeal Mandarin Oranges BBQ Chicken Green Beans Applesauce WG Hamburger Bun 100% Fruit Juice Wheat Thins	23 Cold Cereal Diced Peaches Soft Tacos Greens Mixed Fruit Whole Wheat Wrap Diced Pears Goldfish	24 Bagel & Cream Cheese Oranges Chicken Nuggets Broccoli Pineapples Whole Wheat Bread 100% Fruit Juice Ritz Crackers	25 CLOSED 	26 CLOSED 
29 French Toast Sticks Diced Pears Fish Greens Pineapples Whole Wheat Bread 100% Unsweetened Juice Pretzel Twists	30 Oatmeal Diced Peaches Chicken Patty Peas Mixed Fruit Whole Wheat Bread Sun Chips Diced Pears	31 English Muffin Warm Sliced Apples Salisbury Steak Mashed Potatoes Mandarin Oranges Whole Wheat Bread Low-fat Yogurt Graham Crackers	Notes: MILK IS SERVED DAILY Children 12 – 23 months- Whole Vitamin D Milk Children over 24 months - 1% Low-fat Milk Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix 100% Juice - Grape, Orange, Apple, Fruit juice THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU	